

PE



PE: Vision and Values

Acceptance	Achievement	Independence	Perseverance	Respect
We include a range of sports from around the world and take pride in delivering more alternative sports and activities within our PE lessons but also offering them as extra curricular activities both before and after school.	We teach a wide range of skills throughout the year and each session shows progressive skills. Children enjoy the games and activities and show pride in participating as well as winning. We promote a very healthy positive relationship with competition and this is celebrated in each lesson, during celebration assemblies and with our new breaktime PE leaders.	Each skill or lesson has an element of independence where children are given time to work on the skill or activity on their own. They are given the time to practise and gain comfort and confidence with displaying or identifying these skills in every lesson we teach.	Children are constantly challenged in each PE lesson. Each lesson has adaptations to target specific needs but also push children to their limit with regards to their physical understanding and capability. Although children are able to find success in every lesson, this is not always something they can achieve straight away and if it is then it is challenged further.	Respect in sport and PE is something that is consistently taught and valued throughout the school. Each session, allows for sportsmanship to be present and praised in every lesson. The range of sports and activities that we deliver also allow children to show different strengths and skills and promote mutual respect for all pupils and their capabilities in PE lessons.

PE: Planning and delivery



Power of PE

We follow the Power of PE scheme for most of our units.

Specific areas have been allocated to each year group by the PE coordinator. There is both indoor and outdoor PE sessions.

Swimming is taught by swimming instructors at Ravelin Sports Centre. All KS2 classes have lessons at some point throughout the year.

PH sports

PH sport coaches deliver PE during a year group's PPA week.

There are 1 or 2 coaches who lead the sessions. They follow the Power of PE planning.

School Games

All classes are allocated a certain number of sports fixtures per year.

This gives groups of children the opportunity to play competitive sports against other children from across the city.

EYFS– PE overview



EYFS – PE

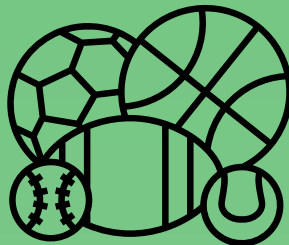
Year group						

KS1 – PE overview



KS1 – Indoor PE

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Dance	Gym	Multiskills	Health related fitness	Invictus games	Athletics
Year 2	Dance	Gym	Multiskills	Health related fitness	Invictus games	Athletics



KS1 – PE overview



KS1 – Outdoor PE

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Multiskills	Football	Improving balance, agility, catching and throwing.	Orienteering	Striking and fielding	Athletics
Year 2	Multiskills	Football	Improving balance, agility, catching and throwing.	Orienteering	Striking and fielding	Athletics



KS2 – PE overview



KS2 – Indoor PE

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	HRF	Dance	Gymn	Invictus	Parkour	Athletics
Year 4	HRF	Dance	Gymn	Invictus	Parkour	Athletics
Year 5	HRF	Dance	Gym	Multiskills	Roundnet	Athletics
Year 6	HRF	Dance	Gym	Roundnet	Badminton	Swimming

KS2 – PE overview



KS2 – Outdoor PE

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Football	Tag Rugby	Swimming	Swimming	Cricket	Athletics
Year 4	Football	Tag Rugby	High 5 netball	Tennis	Swimming	Rounders
Year 5	Swimming	Swimming	High 5 netball	Basketball	Hockey	Cricket
Year 6	Mutliskills	Basketball	Tag rugby	Hockey	Rounders	Athletics